

# I am healthy<sup>®</sup>

## Rewards Program

### Taking care of your health has its rewards!

Teens: Stay healthy by getting your yearly checkup

**Get a \$25 gift card from one of the retailers below after you get your yearly health checkup:**

- Walmart
- Chipotle
- H&M
- Downtown Locker Room (DTLR)

If you're age 12 – 21 and have an annual adolescent well-care visit (HealthCheck), you will receive a **\$25 gift card**\*

Getting regular checkups with your primary care provider (PCP) is important. Things like physicals, screenings, and routine visits with your PCP help you keep track of your overall health.

#### To get the gift card, your visit must include:

- A review of your health history
- A physical exam
- A physical growth history
- Health education and preventive guidance
- A mental growth history

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#### It's easy!

1. Schedule an appointment
2. Fill out the member information section (reverse side)
3. Choose your \$25 gift card (reverse side)
4. Hand in this form at your PCP's office during your appointment. Your PCP will fax it to **610-537-5055**.

**For help scheduling an appointment, call 1-877-759-6224.**

**\$25**  
Gift Card



**AmeriHealth Caritas**  
District of Columbia

\*Member cannot get more than \$50 in incentives each year.

Member information		
Member name:		Member phone number:
Address:		
City:	State:	ZIP:
Birth date:	AmeriHealth Caritas DC member ID number:	

Choose your \$25 gift card			
<input type="checkbox"/> Walmart	<input type="checkbox"/> Chipotle	<input type="checkbox"/> H&M	<input type="checkbox"/> Downtown Locker Room (DTLR)

Please ask your PCP to complete this section	
Date of adolescent well-care visit:	
Clinic or office name:	Clinic or office phone number:
Tests/questions:	
<input type="checkbox"/> Health history	<input type="checkbox"/> Physical exam
<input type="checkbox"/> Physical development history	<input type="checkbox"/> Mental development history
<input type="checkbox"/> Health education and anticipatory guidance	
Clinic or office signature or stamp:	

**You'll receive your gift card in the mail within about two weeks!**

**DHCF** This program is funded in part by the Government of the District of Columbia Department of Health Care Finance.

**WE ARE WASHINGTON** GOVERNMENT OF THE DISTRICT OF COLUMBIA MURIEL BOWSER, MAYOR

If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

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Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

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إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.

  
**AmeriHealth Caritas**  
District of Columbia

[www.amerihealthcaritasdc.com](http://www.amerihealthcaritasdc.com)