

Care Management How It Can Help You



When you call **1-877-759-6224**, you will be paired with a care manager (care coach). You and your care manager will work together to meet your health goals.

Your care manager will:

- Build a trusting relationship with you
- Help you understand your health condition and medicines
- Listen, support and coach you one-on-one to help you meet your goals to be healthy
- Help you get the services and information you need
- “Connect the dots” with all the providers who care for you
- Check in with you from time to time — even when you’re feeling well

You can call
1-877-759-6224
to talk to a care
manager for
one-on-one help.

For questions on how to get a care manager, please call **1-877-759-6224**.

If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

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إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.

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AmeriHealth Caritas
District of Columbia

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