

# Child HealthCheck Program



## Every Parent Should Do This

HealthCheck is a set of health exams given yearly to identify and correct any health conditions in children and adolescents. With the HealthCheck Program, your child's doctor or primary care provider (PCP) will check your child for health problems early. These check-ups are important for children as they grow.



## Why does my child need immunizations (shots)?

Immunizations (em- you- ni- zay- shuns) are shots that help the body fight diseases. Each shot helps fight a different disease. Children must have their shots before starting school.

## How do I make sure my child gets the HealthCheck services?

- Call your doctor/PCP for appointments. Your child's PCP should be the first person to call if you have medical questions.
- If you need help finding a doctor or want more information about the HealthCheck Program, please call Member Services at **202-408-4720** or toll-free at **1-800-408-7511** and ask for assistance

## What will my child be checked for?

- Height, weight and growth and development
- Eye and hearing tests
- Blood pressure check
- Any needed lab tests, like a lead test
- Any needed immunizations or shots
- Dental checkup
- Nutrition
- Healthy lifestyle

If your child's PCP is not available and you have a health-related question that needs to be answered right away, call the Nurse Call Line at **1-877-759-6279**. Specially trained nurses are available 24 hours, 7 days a week. Please remember that the Nurse Call Line does not take the place of your child's PCP. Always follow up with your child's PCP.



If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

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إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.



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