

# Psychiatric Residential Treatment Facility Referral

# Psychiatric residential treatment facility (PRTF) referral informationDate of referral:Referral contact:Referral contact:Phone number:Fax number:

#### **PRTF** referrals made

Has the member been accepted at a PRTF?  $\Box$  Yes  $\Box$  No

If yes, please list actual facilities in the table below. If no, please list the facilities that the referring agency has identified for possible placement.

| PRTF name | Accepted | Not accepted | Awaiting decision | Is the facility recognized as a PRTF by DC Medicaid? (Y/N) |
|-----------|----------|--------------|-------------------|--|
|           |          |              |                   |  |
|           |          |              |                   |  |
|           |          |              |                   |  |
|           |          |              |                   |  |
|           |          |              |                   |  |
|           |          |              |                   |  |

Date of admission or potential admission to PRTF:

| Demographic information                   |                 |                     |  |  |
|---|-----------------|---------------------|--|--|
| Child's name:                             |                 | □ Male □ Female     |  |  |
| Date of birth: Age:                       |                 | Ethnicity:          |  |  |
| Current placement:                        | Admission date: |                     |  |  |
| Social Security number: Primary language: |                 | Medicaid ID number: |  |  |
| Address:                                  |                 |                     |  |  |
| City:                                     | State:          | ZIP code:           |  |  |
| Home phone number:                        |                 |                     |  |  |



Emergency contact (other than primary caregiver): \_\_\_\_\_\_ Phone:\_\_\_\_\_ Phone:\_\_\_

| Guardian 1             | Guardian 2             |
|------------------------|------------------------|
| Name:                  | Name:                  |
| Relationship to child: | Relationship to child: |
| Ethnicity:             | Ethnicity:             |
| Languages:             | Languages:             |
| Address:               | Address:               |
| Home phone:            | Home phone:            |
| Work phone:            | Work phone:            |

| Legal guardian (if other than listed above): |             |             |  |
|--|-------------|-------------|--|
| Relationship to child:                       | Home phone: | Work phone: |  |

| Child and Family Services Agency (CFSA) involvement (if any) |        |  |  |
|--|--------|--|--|
| CFSA supervisor:   | Phone: |  |  |
| CFSA program supervisor:                                     | Phone: |  |  |
| CFSA social worker or area office:                           | Phone: |  |  |

Reason for and level of CFSA involvement:

| <b>Client CFSA status:</b>   |             |             |                                  |                 |              |
|------------------------------|-------------|-------------|----------------------------------|-----------------|--------------|
| □ Order of Temporary Custody | □ Committed | □ Voluntary | $\Box$ Family with service needs | □ Investigation | □ Protective |
|                              |             |             |                                  |                 |              |

| Juvenile court involvement (if any) |        |  |
|-------------------------------------|--------|--|
| Probation officer:                  | Phone: |  |

#### Arrest history:

| Criminal charge | When | Where | Disposition |
|-----------------|------|-------|-------------|
|                 |      |       |             |
|                 |      |       |             |
|                 |      |       |             |
|                 |      |       |             |
|                 |      |       |             |



#### **Current family situation**

Living situation (include the names and ages of other people in the household and their relationships to the member):

Family history, family psychiatric and substance use history, domestic violence history, and current family stressors that may be affecting member:

Family's role in treatment:

Family's strengths:

Child's strengths:

Religious and/or cultural background:

Restrictions or special needs based on religious and/or cultural background or physical needs (if any):



| Secondary insurance information (if any) |                      |  |  |  |
|--|----------------------|--|--|--|
| Name of secondary insurance carrier:     |                      |  |  |  |
| Insurance number:                        | Plan or code number: |  |  |  |
| Subscriber:                              | Date of birth:       |  |  |  |
| Subscriber's employer:                   |                      |  |  |  |
| Relationship to insured:                 |                      |  |  |  |
| Insurance verified: $\Box$ Yes $\Box$ No |                      |  |  |  |

#### **Psychiatric clinical information**

What is the main clinical need or focal problem that leads you to request admission to a PRTF?

What are the contributing factors to the main clinical need or focal problem? Please consider factors from multiple life domains, including the individual, family, peer, school, and community:

What are the goals for the PRTF stay and the recommended interventions corresponding to the contributing factors stated above?



| Current di | Current diagnosis |  |  |  |  |
|------------|-------------------|--|--|--|--|
| Axis I:    |                   |  |  |  |  |
| Axis II:   |                   |  |  |  |  |
| Axis III:  |                   |  |  |  |  |
| Axis IV:   |                   |  |  |  |  |
| Axis V:    |                   |  |  |  |  |

| Current psychiatric medications and dosages |      |          |                  |                              |
|---|------|----------|------------------|------------------------------|
| Name of drug                                | Dose | Schedule | Prescribing M.D. | Target symptoms or behaviors |
|   |      |          |                  |                              |
|   |      |          |                  |                              |
|   |      |          |                  |                              |
|   |      |          |                  |                              |
|   |      |          |                  |                              |
|   |      |          |                  |                              |
|   |      |          |                  |                              |

| Past psychiatric medication trials |      |          |                  |                              |  |
|------------------------------------|------|----------|------------------|------------------------------|--|
| Name of drug                       | Dose | Schedule | Prescribing M.D. | Target symptoms or behaviors |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |
|                                    |      |          |                  |                              |  |

Were any medications discontinued due to adverse reactions? If so, which?



Has the child experienced any of the following? (Please check one response for each.)

| Symptom, behavior, or diagnosis          | Current | Past | Unknown | N/A |
|--|---------|------|---------|-----|
| Aggressive behavior                      |         |      |         |     |
| Anxiety or panic attacks                 |         |      |         |     |
| Attention-deficit/hyperactivity disorder |         |      |         |     |
| Depression                               |         |      |         |     |
| Disordered eating patterns or concerns   |         |      |         |     |
| Dissociative features                    |         |      |         |     |
| Fire setting                             |         |      |         |     |
| Hallucinations — auditory                |         |      |         |     |
| Hallucinations — visual                  |         |      |         |     |
| History of cruelty to animals            |         |      |         |     |
| Homicidal threats                        |         |      |         |     |
| Impulsive behavior                       |         |      |         |     |
| Juvenile court involvement               |         |      |         |     |
| Oppositional behavior                    |         |      |         |     |
| Running away                             |         |      |         |     |
| Self-injurious behavior                  |         |      |         |     |
| Sexualized behavior                      |         |      |         |     |
| School problems                          |         |      |         |     |
| Sleep problems                           |         |      |         |     |
| Suicidal ideation                        |         |      |         |     |
| Suicide attempts                         |         |      |         |     |

| History | of trau | na or | abuse: |
|---------|---------|-------|--------|
|---------|---------|-------|--------|

 $\Box$  Yes

 $\Box$  No

🗆 Unknown

If yes, please explain when and by whom and if member has received any treatment to address:



| Medical information    |        |  |  |  |
|------------------------|--------|--|--|--|
| Primary care provider: | Phone: |  |  |  |
| Allergies:             |        |  |  |  |

| Check all that apply:      |                    |        |
|----------------------------|--------------------|--------|
| $\Box$ Birth complications | $\Box$ Head trauma | 🗆 Gast |

□ Asthma

| □ Head trauma      | □ Gastrointestinal disease | □ Diabetes | □ HIV/AIDS |
|--------------------|----------------------------|------------|------------|
| □ Cardiac problems | □ Thyroid disease          |            |            |

#### Medical issues (including significant medical history, hospitalizations, and surgeries)

| Recent testing             | Date | Any abnormalities? (Y/N) | Comment |
|----------------------------|------|--------------------------|---------|
| Electrocardiogram          |      |                          |         |
| Electroencephalogram       |      |                          |         |
| Computed tomography scan   |      |                          |         |
| Magnetic resonance imaging |      |                          |         |
|                            |      |                          |         |
|                            |      |                          |         |
|                            |      |                          |         |

Identify any potential risk factors that may interact with medications:





#### **Current medical medications:**

| Name of drug | Dose | Schedule | Prescribing M.D. | Target symptoms or behaviors |
|--------------|------|----------|------------------|------------------------------|
|              |      |          |                  |                              |
|              |      |          |                  |                              |
|              |      |          |                  |                              |
|              |      |          |                  |                              |
|              |      |          |                  |                              |
|              |      |          |                  |                              |

Any medical conditions that might impact use of restraint:

| Educational information                           |  |  |  |
|---|--|--|--|
| Child's current grade level:                      |  |  |  |
| Current school or town:                           |  |  |  |
| Special education classification?   Yes  No       |  |  |  |
| IQ testing date: IQ scores:                       |  |  |  |
| Current individualized education plan (IEP) date: |  |  |  |

#### Academic, behavioral, and social functioning in school (note any suspensions):

### **Psychiatric Residential Treatment Facility Referral**

| Treatment history and plan                             |       |          |  |  |
|--|-------|----------|--|--|
| Has child ever received any of the following services? | Y/N/U | Location |  |  |
| Psychiatric hospitalization                            |       |          |  |  |
| Substance use treatment                                |       |          |  |  |
| Combined behavioral intervention                       |       |          |  |  |
| Multisystemic therapy                                  |       |          |  |  |
| Outpatient treatment                                   |       |          |  |  |
| Partial hospitalization                                |       |          |  |  |
| Residential treatment                                  |       |          |  |  |
| Psych-sexual evaluation                                |       |          |  |  |
| Psychological testing                                  |       |          |  |  |
| Neuropsychological testing                             |       |          |  |  |
| Other:   |       |          |  |  |

#### What is the long-term disposition plan for this child?

- $\Box$  Reunification with the following person: \_\_\_\_
- $\Box$  Therapeutic foster care
- $\Box$  Residential treatment
- $\Box$  Group home

#### What is the child's vision for the long-term disposition plan?

 $\Box$  Home  $\Box$  Therapeutic foster care  $\Box$  Residential treatment  $\Box$  Group home

## Psychiatric Residential Treatment Facility Referral

| Current service providers                  |  |  |                        |  |
|--|--|--|------------------------|--|
| Contact name Agency Phone Service provided |  |  | Dates of participation |  |
|  |  |  |                        |  |
|  |  |  |                        |  |
|  |  |  |                        |  |
|  |  |  |                        |  |
|  |  |  |                        |  |

Does the child require a single room? If yes, state reason:

Previous experience with roommates:



#### **Criteria section**

- □ Treatment expected to improve symptoms or behaviors
- $\Box$  Treatment expected to maintain symptoms or behaviors without further deterioration

#### Over the last week, has the child or adolescent exhibited any of the following behaviors? (Check all that apply.)

| Fire setting  | Angry outbursts or unmanageable aggression  |
|---|---|
| Self-mutilation   | Positive, unmanageable psychotic symptoms   |
| Running away for more than 24 hours                     | Increasing, unmanageable hypomanic symptoms |
| Daredevil or impulsive behavior                         | Arrest or confirmed illegal activity        |
| Sexually inappropriate, aggressive, or abusive behavior | Persistent violation of court orders        |

Have the child or adolescent's behaviors been present at least six months?  $\Box$  Yes  $\Box$  No

Are the child or adolescent's behaviors expected to persist longer than one year without treatment?  $\Box$  Yes  $\Box$  No

#### Has child or adolescent had any of the following unsuccessful treatments within the past year? (Check all that apply.)

Treatment foster care

- $\Box$  At least three psychiatric partial hospital admissions
- Treatment in a residential treatment center or therapeutic group home
- □ At least four psychiatric admissions to inpatient, partial hospital, or intensive outpatient, in any combination
- At least three psychiatric inpatient admissions

Are the child or adolescent's behaviors unmanageable safely in a lesser level of care?  $\Box$  Yes  $\Box$  No

#### Is the child or adolescent's support system (check any of the following):

| Unavailable             | Abusive                                |
|-------------------------|--|
| Unable to ensure safety | Intentionally sabotaging treatment     |
| A high-risk environment | Unable to manage intensity of symptoms |

#### Does the child or adolescent have any of the following functioning problems? (Check all that apply.)

| Inability or unwillingness to follow instructions or negotiate needs | Inability or unwillingness to perform activities of daily living                                |
|--|---|
| Social withdrawal  | Loss of behavioral control for more than 48 hours with no improvement expected within two weeks |

Signature and title of referring person: \_\_\_\_\_ Date: \_\_\_\_ Date: \_\_\_\_

#### Supporting documentation required with packet:

- Court order for placement, including court reports from past two (2) years (if applicable)
- All psychiatric evaluation completed within last six (6) months
- All psychological evaluations completed within last two (2) years
- Most recent clinical update, including diagnosis and medications
- Most recent IEP and all psycho-educational evaluations completed within last two (2) years
- Any other information relevant to this review (such as 504 plan, recent progress notes, evaluation, neuropsychological evaluation, neurological examination and other evaluation

Please note: Facilities may require additional documentation or information prior to decision.



This program is funded in part by the Government of the District of Columbia Columbia MUREL BOWSER, MAYOR

5400ACDC-1522-31

www.amerihealthcaritasdc.com