

I am healthy[®]

Rewards Program

Taking care of your health has its rewards!

Don't let your sugar go unchecked

If you have been diagnosed with type 1 or 2 diabetes, you know how important it is to get your blood sugar levels checked regularly. Be sure you schedule an appointment with your primary care provider (PCP) and have him or her do the tests below:

- Hemoglobin A1C (HbA1C)
- Nephropathy

AmeriHealth Caritas District of Columbia (DC) is pleased to announce its I am healthy[®] Rewards Program for members ages 18 – 75 with diabetes. You can earn a **\$25 gift card*** if you visit your PCP and have him or her do the tests listed above.

Get a \$25 gift card from one of the retailers below:

- Walmart
- Chipotle
- H&M
- Downtown Locker Room (DTLR)

It's easy!

1. Schedule an appointment
2. Fill out the member information section (reverse side)
3. Choose your \$25 gift card (reverse side)
4. Hand in this form at your PCP's office during your appointment. Your PCP will fax it to **610-537-5055**.

For help scheduling an appointment, call 1-877-759-6224.

\$25
Gift Card

*Member cannot get more than \$50 in incentives each year.


| Member information | | |
|--------------------|--|----------------------|
| Member name: | | Member phone number: |
| Address: | | |
| City: | State: | ZIP: |
| Birth date: | AmeriHealth Caritas DC member ID number: | |

| Choose your \$25 gift card | | | |
|----------------------------------|-----------------------------------|------------------------------|--|
| <input type="checkbox"/> Walmart | <input type="checkbox"/> Chipotle | <input type="checkbox"/> H&M | <input type="checkbox"/> Downtown Locker Room (DTLR) |

| Please ask your PCP to complete this section | |
|---|--------------------------------|
| Date of comprehensive diabetes checkup: | |
| Clinic or office name: | Clinic or office phone number: |
| Tests completed: <input type="checkbox"/> Hemoglobin A1C <input type="checkbox"/> Nephropathy | |
| Clinic or office signature or stamp: | |

You'll receive your gift card in the mail within about two weeks!

But that's not all. If you receive a retinal eye exam, plus the other tests listed above, **you will receive a second \$25 gift card.**

 This program is funded in part by the Government of the District of Columbia Department of Health Care Finance.

  **GOVERNMENT OF THE DISTRICT OF COLUMBIA**
MURIEL BOWSER, MAYOR

If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

ACDC-18142500

Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

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إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.

