

I am healthySM

Rewards Program

Taking care of the health of you and your baby has its rewards!

Begin your prenatal care during your first trimester.

Congratulations, you are pregnant! It's time to begin seeing a health care provider for prenatal care to make sure you and your baby stay healthy. Prenatal care is the care women receive when they are pregnant. Since pregnancies can last 40 weeks, each trimester is 13 weeks. That means, before you are 13 weeks pregnant, you need to see a midwife or an OB/GYN for your first prenatal office visit.

AmeriHealth Caritas District of Columbia (DC) is pleased to announce its I am healthySM Rewards Program for pregnant members. You can earn a \$25 gift card* if you complete your first prenatal appointment before your 13th week of pregnancy.

Get a \$25 gift card from 1 of the retailers below:

- Wal-Mart
- Chipotle
- H&M
- Downtown Locker Room (DTLR)

It's easy!

1. Complete your prenatal appointment before the end of your first trimester.
2. Fill out the member information section (reverse side).
3. Choose your \$25 gift card (reverse side).
4. Hand in this paper at your OB/GYN or midwife's office during your prenatal appointment. The OB/GYN or midwife will fax it to **1-888-700-7150**.

For help scheduling your prenatal appointment, call 1-877-759-6224.

\$25
Gift Card

*Member cannot get more than \$50 in incentives each year.


AmeriHealth Caritas[™]
District of Columbia

Fax to **1-888-700-7150**.

Member information		
Member name:		Member phone number:
Street address:		
City:	State:	ZIP:
Birth date:	AmeriHealth Caritas DC member ID number:	

Choose your \$25 gift card			
<input type="checkbox"/> Wal-Mart	<input type="checkbox"/> Chipotle	<input type="checkbox"/> H&M	<input type="checkbox"/> Downtown Locker Room (DTLR)

Please ask your doctor to complete this section	
Estimated due date:	
Date of prenatal appointment:	
Clinic or office name:	Clinic or office phone number:
Clinic or office signature or stamp:	

After about 1 to 2 weeks, you'll receive your gift card in the mail from us!

If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

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إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.

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www.amerihealthcaritasdc.com