

I am healthy[®]

Rewards Program

Taking care of your health and your baby's health

Begin your prenatal care during your first trimester

Congratulations on your pregnancy! It's time to begin seeing a health care provider for prenatal care to make sure you and your baby stay healthy. Prenatal care is the care women receive when they are pregnant. Since pregnancies can last 40 weeks, each trimester is 13 weeks. Before you are 13 weeks pregnant, you need to see a midwife or an OB/GYN for your first prenatal office visit.

AmeriHealth Caritas District of Columbia (DC) is pleased to announce its I am healthy[®] Rewards Program for pregnant members. You can earn a \$25 gift card* if you complete your first prenatal appointment before your 13th week of pregnancy.

Get a \$25 gift card from one of the retailers below:

- Walmart
- Chipotle
- H&M
- Downtown Locker Room (DTLR)

It's easy!

1. Complete your prenatal appointment before the end of your first trimester
2. Fill out the member information section (reverse side)
3. Choose your \$25 gift card (reverse side)
4. Hand in this form at your midwife's or OB/GYN's office during your prenatal appointment. The midwife or OB/GYN will fax it to **610-537-5055**.

For help scheduling your prenatal appointment, call 1-877-759-6224.

\$25
Gift Card

*Member cannot get more than \$50 in incentives each year.


AmeriHealth Caritas[™]
District of Columbia

Member information		
Member name:		Member phone number:
Address:		
City:	State:	ZIP:
Birth date:	AmeriHealth Caritas DC member ID number:	

Choose your \$25 gift card			
<input type="checkbox"/> Walmart	<input type="checkbox"/> Chipotle	<input type="checkbox"/> H&M	<input type="checkbox"/> Downtown Locker Room (DTLR)

Please ask your midwife or OB/GYN to complete this section	
Estimated due date:	
Date of prenatal appointment:	
Clinic, midwife, or OB/GYN name:	Clinic, midwife, or OB/GYN number:
Clinic, midwife, or OB/GYN signature or stamp:	

You'll receive your gift card in the mail within about two weeks!



This program is funded in part by the Government of the District of Columbia Department of Health Care Finance.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

If you need this information in English, contact Member Services by calling 202-408-4720 or 1-800-408-7511, 24 hours a day.

ACDC-18142500

Si necesita esta información en español, comuníquese con Servicios al Miembro llamando al 202-408-4720 o 1-800-408-7511, las 24 horas del día.

ይህ መረጃ በአማርኛ የሚያስፈልግዎት ከሆነ፣ የ24 ሰዓት አገልግሎት ወደ ሚስጠው ስልክ ቁጥር 202-408-4720 ወይም 1-800-408-7511 በመደወል የአባል አገልግሎቶችን ያግኙ።

إذا احتجت إلى هذه المعلومات باللغة العربية، يرجى الاتصال بفريق خدمة الأعضاء على الرقم 202-408-4720 أو الرقم 1-800-408-7511، وذلك على مدار الساعة.

Si vous avez besoin de ces renseignements en français, veuillez contacter les Services aux membres en appelant au 202-408-4720 ou au 1-800-408-7511, 24 heures sur 24.

如果您需要用中文獲得此資訊，可每天 24 小時致電 202-408-4720 或 1-800-408-7511，聯絡會員服務部。

Se necessitar estas informações em Português, entre em contato com o Serviços para Associados ligando para 202-408-4720 ou 1-800-408-7511, 24 horas por dia.



www.amerihealthcaritasdc.com